



Perrysburg Schools Parent Safety Task Force

School - There and back again



Mission

To share information and new ideas about school safety between the school district, local emergency services, city resources and families in order to ensure the highest level of education and understanding across the local school community.

The School Bus

On the bus have your children

- Keep the noise down — loud noises could distract the driver
- Stay in the seat - keep all your body parts in the bus
- Keep aisles clear of books and bags
- Gather belongings together before reaching your stop
- Wait for the bus to stop completely before getting up from your seat



Around the bus

- Guardians walk young kids to the bus stop, wait with them until it arrives and make sure the driver can see the kids.
- Have kids stand at least three giant steps back from the curb as the bus approaches, let it come to a complete stop and board the bus one at a time.
- If your child needs to cross the street, have your child take ten giant steps away from the bus, make eye contact with the bus driver and cross when the driver indicates it's safe.
- Teach kids to look left, right and left again before crossing the street.
- Instruct younger kids to use handrails when boarding or exiting the bus. Watch for straps or drawstrings that could catch in the door.
- If your child drops something, they should tell the bus driver and make sure the bus driver is able to see them before they pick it up.

Questions for the Parent Safety Task Force: Contact

Perrysburg High School - Thomas Shine - PHSsafetyparent1@gmail.com

Perrysburg High School - Meghan Michael - PHSsafetyparent2@gmail.com

Perrysburg High School - Patrick Wise - PHSsafetyparent3@gmail.com

Perrysburg Junior High School - Scott Moskowitz - PJHsafetyparent2@gmail.com

Hull Prairie Intermediate School - Ty Conger - HPIsafetyparent@gmail.com

Hull Prairie Intermediate School - Christopher Jarrell - HPIsafetyparent2@gmail.com

Fort Meigs Elementary - Ashley Mills - fortmeigssafetyparent@gmail.com

Frank Elementary - Todd Underwood- franksafetyparent@gmail.com

Toth Elementary - Vanessa Aystaran - tothsafetyparent@gmail.com

Woodland Elementary - Adam Cassi - woodlandsafetyparent@gmail.com

Task Force Objectives

- To facilitate and grow communication from the school district to families and from families to the school district.
- To develop ongoing community partnerships.
- To encourage school safety training and education.
- To offer ideas, action and policy recommendations.

Helpful Mental Wellness Apps You Can Download Today!



Calm: An app for sleep, meditation and relaxation.



LifeArmor: A comprehensive learning and self-management tool to help individuals with common mental health concerns.



Virtual Hope Box: Includes simple tools to help individuals with coping, relaxation, distraction and positive thinking.



Pacifica: Psychologist approved tools that include mindfulness meditation, relaxation and mood/health tracking.



Happify: Different activities and games, which help reduce stress, overcome negative thoughts and build greater resilience by providing effective coping tools.



Help is here if you need it.

If you know a student or family that would benefit from the School District's Mental Health Services, contact your local school counselor to discuss your concerns. Contact Information for Perrysburg School District Student Well Being and School Counselors:

Perrysburg School District Director of Student Services & Well-Being:

Sara Stockwell sstockwell@perrysburgschools.net (419-874-9131 ext. 2155)

High School School Counselors (419-874-3181):

A-F: Nicole Bihn

nbihn@perrysburgschools.net (ext. 5184)

G-L: Dawn Burks

dburks@perrysburgschools.net (ext. 5183)

M-R: Alana Sigg

asigg@perrysburgschools.net (ext. 5185)

S-Z: Rick Rettig

rrettig@perrysburgschools.net (ext. 5186)

Junior High School Counselors (419-874-9193):

7th Grade: Tom Przbyski

tprzbyski@perrysburgschools.net (ext. 4008)

8th Grade: Andrea Monheim

amonheim@perrysburgschools.net (ext. 4012)

HPI School School Counselors (419-873-6293):

5th Grade: Nicole Wagner

wagner@perrysburgschools.net (ext. 6013)

6th Grade: Chris Harper

charper@perrysburgschools.net (ext. 6017)

Fort Meigs Elementary School Counselor (419-872-8822):

Christin Lee: clee@perrysburgschools.net (ext. 3712)

Woodland Elementary School Counselor (419-874-8736):

Nicole Ohms: nohms@perrysburgschools.net (ext. 3346)

Frank Elementary School Counselor (419-874-8721):

Alyssa Neumeyer: aneumeyer@perrysburgschools.net (ext. 3133)

Toth Elementary School Counselor (419-874-3123):

Jason Koval: jkoval@perrysburgschools.net (ext. 3525)

Walking and Bicycling

If a child is walking or biking to school, make sure that they know and obey all of the traffic laws. Walkers should use a sidewalk, when available cross in crosswalks and never push or shove or play near the road.

Bikers should always wear a well-fitted helmet. Make sure your kids know when it's appropriate to ride on the sidewalk, use the bike lane or to ride with traffic while obeying the rules of the road. Kids should never use electronic devices while riding their bike but instead should pay attention to the road and traffic.

Since walkers and bike-riders are frequently unsupervised, remind them about stranger danger. Tell your children to never talk to or go anywhere with strangers, no matter what that person tells them. Consider setting a "family secret password" that they can ask for if a stranger claims that mom, dad or another family member sent them. In the event a stranger grabs them or makes them feel uncomfortable in any way, kids should be prepared to yell, physically defend themselves and escape back to school, home or a trusted adult. Encourage your kids to tell you if any non-student approaches them on the way to or from school, for any reason.

More tips:

- Don't allow kids to walk or bike to school unsupervised before they're ready. While it's a great way to increase their physical activity and sense of independence, it's too risky if your children don't remember or obey basic traffic rules.
- Have a Plan B for getting kids to school in case of inclement weather or traffic conditions. Biking in particular is more dangerous (not to mention messy) on the days that are rainy, icy or windy. If there is a detour, make sure your kids can navigate around it.

New and Student Drivers

- Provide lots of in-car, "passenger seat" supervision. Start off with small trips to build up their confidence.
- Provide a safe car for teens to drive: easy to maneuver, with airbags and good tires.
- Give your teen gentle, constructive critiques of their driving.
- Set realistic goals, expectations and consequences for your teen driver. Make sure your teen knows exactly what to do in the event of an accident.
- Set a good example. If you run red and yellow lights, speed down the highway at 75 MPH, weave in and out of traffic, ride the bumper of the car in front of you, scream at other drivers or exhibit other signs of road rage, you're showing your teen that the rules don't count – and this can be fatal.